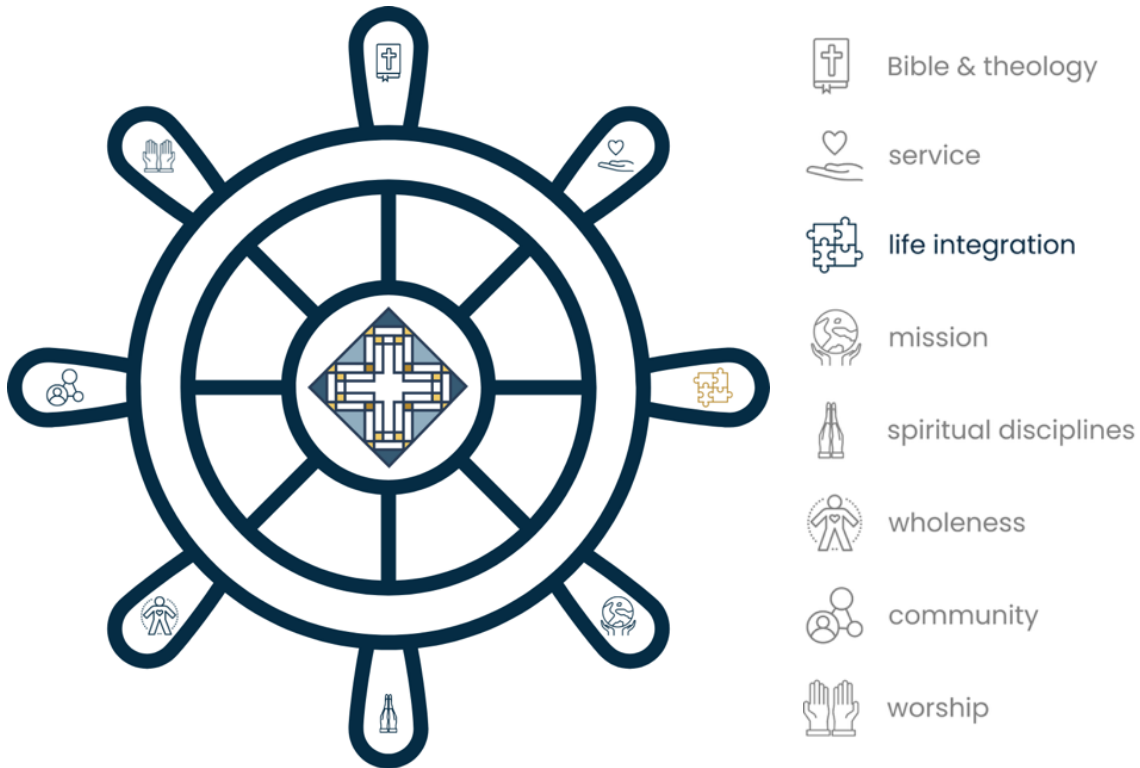




Culture of Discipleship

Life Integration

“Whatever you do, work at it with all your heart, as working for the Lord... since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.”
- Colossians 3:23-24



More of our life as a disciple takes place outside the church walls than inside them. Because our following Jesus goes well beyond what we do on Sundays, **Life Integration** is intentionally connecting every part of our lives to our faith. Incorporating our faith into the roles we play in our families, friendships, schools, workplaces, and communities is integral to living out the church's mission. Leaning on and learning with our brothers and sisters in Christ is a vital foundation for fully integrating our lives as we grow in Christlikeness.

Consider an area of your life you would like God to transform.

Pray for God's grace to empower you in this situation.

Respond to the ways Jesus might be calling you to act.

Programs at TGC

- Triangle Conference on Theology and Culture (TCTC) – regular conferences on topics relating to how a biblical worldview speaks to our culture; contact [Pastor Molly](#) for more information
- Sketches of Leadership: Sundays at 11:45 AM (100) – a series of practical Bible study discussions about servant leadership and gentle influence led by [Rich Lamb](#)
- Women’s Ministry: opportunities for women to fellowship and grow together; contact [Karis Jackson](#) for more information
 - Oasis: 1st Thursdays at 6:30 PM (Fellowship Hall)
 - Book Club: 3rd Tuesdays at 6:30 PM, 4th Thursdays at 11:00 AM
 - Moms and Grandmoms in Prayer: Fridays at 11:15 AM (Fellowship Hall)
- Men’s Ministry: biannual studies and regular opportunities for men to connect; contact [Aaron Messer](#) for more information
 - Morning Prayer: Tuesdays at 6:30 AM ([Zoom](#))
 - Bible Study: Fridays at 6:30 AM (100)
- Just Older Youth (JOY): regular events for seniors; contact [Penny Bitsas](#) for more information
- SALT: monthly potlucks for senior singles; contact [Leslie Hollingsworth](#) for more information
- Young Adults Bible Study: Tuesdays at 6:30 PM (5006 Tudor); contact [Rich Lamb](#) for more information
- Youth: Major League Youth (6th–8th) and Varsity (9th–12th); contact [Pastor Jeff](#) for more information
- Kids’ Clubs: Sundays at 9:00 AM and Wednesdays at 4:30 PM; contact [Nancy Holton](#) for more information
- [DivorceCare and DivorceCare 4 Kids](#): support group for those experiencing divorce; offered once a year, usually in January; contact [Randy Hartwell](#) for more information
- [GriefShare](#): support group for those experiencing grief; currently led by [Ray Cobb](#) and [Beth Murphy](#)

Resources

Books

- Alistair Begg, [Lasting Love: How to Avoid Marital Failure](#)
- Tim Keller, [Every Good Endeavor: Connecting Your Work to God's Work](#)
- Amy Sherman, [Kingdom Calling: Vocational Stewardship for the Common Good](#)
- Paul David Tripp, [Parenting: 14 Gospel Principles That Can Radically Change Your Family](#) and [Marriage: 6 Gospel Commitments Every Couple Needs to Make](#)
- Rick Warren, [The Purpose Driven Life](#)
- Tish Harrison Warren, [Liturgy of the Ordinary: Sacred Practices for Everyday Life](#) - **Tish Harrison Warren will be a featured speaker at ECO's 2025 National Gathering!*

Podcasts

- Jay Holland, [Guided by Faith: for Teens and Young Adults](#)
- Steph Turling, [The Christian Parenting Podcast](#)
- Denver Institute For Faith & Work, [The Faith & Work Podcast](#)
- Preston & Jackie Hill Perry, [With the Perrys](#)

Other Media & Organizations

- [Kidz at Heart](#): free age-appropriate resources for families
- [Center for Public Christianity](#): a movement of churches and organizations partnering together to reach Raleigh and the Triangle; includes talks, resources, and events
- [The Denver Institute of Faith and Work](#): an organization dedicated to Christian spiritual and professional development
- [The Trinity Forum](#): free conversations with prominent Christian voices about many pertinent current topics
- [RightNow Media](#): includes a curated playlist of videos and studies related to our various identities and life integration - *if you need an invitation for a free account, reach out to the office!*